

jesus calling automatic writing

jesus calling automatic writing is a topic that sparks curiosity and sometimes controversy, delving into the intersection of faith, personal spiritual practice, and the phenomenon of channeling. This article aims to provide a comprehensive and detailed exploration of what Jesus Calling automatic writing entails, its origins, methods, theological considerations, and how individuals engage with it. We will demystify the process, examine its place within broader spiritual traditions, and address common questions that arise. Understanding Jesus Calling automatic writing requires an open yet discerning approach, appreciating the personal spiritual journeys it represents while also grounding the discussion in established theological frameworks and practical applications.

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What is Automatic Writing?

Automatic writing, in its broadest sense, is a method of writing where the conscious control of the writer is minimized or bypassed, allowing thoughts, images, or messages to flow more directly from the subconscious or, in some beliefs, from external spiritual sources. This practice is not exclusive to religious contexts; it has roots in psychological exploration, artistic expression, and various forms of spiritualism. The core idea is that by quieting the analytical mind, a deeper stream of consciousness can express itself, potentially revealing insights, creative ideas, or messages that might otherwise remain unarticulated. The speed and fluency of the writing are often key indicators, as the writer aims to transcribe thoughts as they arise without self-censorship or overthinking.

Historically, automatic writing gained prominence in the late 19th and early 20th centuries, particularly within Spiritualist circles. Practitioners would often sit with pen and paper, sometimes in a trance-like state, and allow their hand to move. The messages received were believed to be communications from spirits, guides, or departed loved ones. The style and content of the writing could vary dramatically, reflecting different "voices" or personalities, which adherents would attribute to the distinct entities communicating. This historical context is important for understanding the

lineage of automatic writing as a technique for receiving external guidance.

The Concept of Jesus Calling

The phrase "Jesus Calling" often refers to a specific devotional practice where individuals seek to hear or feel messages from Jesus Christ. This is not necessarily tied to a formal religious denomination but represents a personal, intimate communion with the divine. The underlying belief is that Jesus continues to communicate with believers in the present day, offering guidance, comfort, and wisdom. This concept is rooted in the Christian understanding of a living relationship with God through Jesus. It emphasizes listening to the inner promptings, intuitive nudges, and quiet whispers that individuals perceive as divine direction.

Within this framework, "Jesus Calling" is about cultivating a receptive spirit, a willingness to pause and tune into what one believes is the voice of Jesus. It's about spiritual discernment, distinguishing between one's own thoughts and what is perceived as divine inspiration. This practice often involves prayer, meditation, and quiet contemplation. The goal is to foster a deeper spiritual connection and to receive personalized spiritual nourishment and direction for daily life, decisions, and challenges. It's a journey of faith, trusting that divine presence is accessible and actively engaged in the believer's life.

How Jesus Calling Automatic Writing is Performed

Performing Jesus Calling automatic writing typically involves a structured approach designed to facilitate a connection with what the practitioner believes to be the voice of Jesus. The first step usually involves creating a sacred or quiet space, free from distractions. This might include lighting candles, playing soft music, or simply finding a peaceful corner for prayer and reflection. Before beginning to write, practitioners often engage in prayer, asking for divine guidance and protection, and dedicating the session to a clear, receptive state of mind. The intention is to set aside personal desires and preconceptions to be an open channel for divine communication.

The actual writing process can take several forms. Some individuals use a pen and paper, allowing their hand to move freely across the page without conscious thought or editing. They focus on remaining relaxed and open, transcribing whatever words, phrases, or sentences emerge. Others might use a keyboard, typing rapidly as thoughts come. The key is to minimize self-censorship and to trust the flow of inspiration. Some practitioners may start with a specific question they wish to have answered, while others may simply

open themselves to receive whatever message Jesus wishes to impart. The messages received are often personal, addressing specific life situations, offering encouragement, or providing insights into spiritual growth.

Following the writing session, it is common for practitioners to reread what has been written. This is a crucial stage for discernment. They will reflect on the messages, considering whether they resonate with scriptural teachings, align with their personal spiritual understanding, and promote love, truth, and goodness. It is not uncommon for the writing to contain a blend of profound insights and more mundane thoughts, requiring careful interpretation. The process is iterative, with regular practice often leading to greater clarity and a more refined ability to discern divine guidance from personal thought patterns.

Scriptural Perspectives on Divine Communication

The Bible offers numerous accounts of direct divine communication, providing a theological foundation for individuals seeking to hear from God. Throughout both the Old and New Testaments, God speaks to people through various means, including dreams, visions, audible voices, and the direct inspiration of prophets and apostles. Examples include God speaking to Moses from the burning bush, the prophetic messages delivered by Isaiah and Jeremiah, and the angelic announcements to Mary and Joseph regarding the birth of Jesus. The New Testament emphasizes the role of the Holy Spirit in guiding believers, as promised by Jesus himself.

Jesus also spoke extensively about His followers hearing His voice. In the Gospel of John, Jesus states, "My sheep hear my voice, and I know them, and they follow me" (John 10:27). This verse suggests a personal, ongoing relationship where believers are meant to recognize and respond to Jesus' guidance. The Apostle Paul also writes about the gifts of the Spirit, including prophecy and the word of knowledge, which can be seen as forms of divine communication. These scriptural references provide support for the belief that God desires to communicate with His people and that individuals can develop a capacity to discern His voice.

However, scripture also emphasizes the importance of discernment. The Apostle John advises believers to "test the spirits to see whether they are from God, because many false prophets have gone out into the world" (1 John 4:1). This highlights the need to evaluate any perceived divine message against established biblical truth and the fruits of the Spirit, such as love, joy, peace, and patience. Therefore, while scriptural accounts affirm the possibility of divine communication, they also underscore the necessity of wisdom and careful evaluation of the source and content of any message received.

Theological Considerations and Potential Pitfalls

When engaging with Jesus Calling automatic writing, several theological considerations are paramount. A core concern is ensuring that the messages received are genuinely from God and not merely projections of the writer's own desires, fears, or subconscious thoughts. Christian theology generally emphasizes that divine revelation is consistent with God's character as revealed in Scripture and through Jesus Christ. Therefore, any purported message must be examined for its alignment with biblical principles and the teachings of Jesus. The fruit of the Spirit—love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control—serves as a vital measure for evaluating spiritual experiences.

One potential pitfall is the risk of spiritual deception. If a practitioner places undue reliance on their own interpretations or fails to exercise critical discernment, they could be led astray by false teachings or misguided ideas. This can manifest as developing an unhealthy dependence on automatic writing for every decision, thereby bypassing sound reasoning, community counsel, or scriptural guidance. The temptation to believe that one has a unique or exclusive line to divine truth can also lead to spiritual pride and isolation from the broader Christian community.

Furthermore, the concept of "calling" implies a directive or instructional element. It is crucial to distinguish between personal insights that might be helpful and absolute divine commands. Not every thought that arises in automatic writing should be treated as an infallible directive from God. Responsible practice involves integrating such experiences with prayer, fasting, biblical study, wise counsel from mature believers, and submission to the authority of Scripture. The goal is to deepen one's relationship with God and to be guided by His will, rather than to seek validation or specific predictions through a mechanical process.

Benefits and Personal Growth Through Jesus Calling Automatic Writing

Engaging in Jesus Calling automatic writing can offer significant benefits for personal spiritual growth and a deeper relationship with God. For many, it provides a tangible method for quieting the distractions of daily life and focusing their attention on divine communion. This intentional practice can cultivate a greater sense of spiritual presence and attentiveness, helping individuals to feel more connected to Jesus. The act of writing down perceived messages can also bring clarity and a sense of confirmation, offering comfort and reassurance during challenging times.

This practice can foster a more intimate and personal understanding of faith. By receiving what is believed to be direct communication, individuals may feel more actively involved in their spiritual journey, rather than passively receiving doctrine. The messages received can offer tailored encouragement, wisdom for specific situations, and insights into personal character development. This personalized guidance can empower individuals to make decisions aligned with their spiritual convictions and to navigate life's complexities with greater confidence and peace, knowing they are seeking and potentially receiving divine counsel.

Moreover, the discipline involved in regular automatic writing can enhance qualities such as patience, humility, and self-awareness. The process of discerning the messages requires careful reflection and an ongoing willingness to learn and grow. It can also encourage a proactive approach to prayer and spiritual seeking, transforming prayer from a monologue into what is perceived as a dialogue. As individuals become more attuned to their inner spiritual promptings, they may find their overall faith life becoming richer, more dynamic, and more deeply rooted in personal experience, while always being mindful of the need for scriptural fidelity and communal discernment.

Distinguishing Authentic Guidance from Personal Projection

A critical aspect of Jesus Calling automatic writing is the ability to differentiate between genuine divine inspiration and the writer's own thoughts and desires, often referred to as personal projection. This discernment process is not always straightforward and requires ongoing spiritual maturity and wisdom. One key indicator of authentic guidance is its consistency with established biblical truths and the core tenets of Christian faith. Messages that contradict Scripture, promote division, or encourage ungodly behavior are highly suspect and should be dismissed as not from a divine source.

Another important factor is the "fruit" of the message. Authentic divine guidance often leads to increased love, peace, joy, patience, kindness, and other positive spiritual qualities. It should encourage humility, compassion, and service to others. Conversely, messages that foster arrogance, anxiety, judgment, or self-centeredness are likely products of personal projection or less benevolent influences. The intention behind the message also matters; divine guidance typically aims for the well-being and spiritual growth of the individual and those around them.

Furthermore, comparing perceived messages with the wisdom of the wider Christian community and mature spiritual leaders can provide valuable perspective. While personal experiences are valid, they should ideally be integrated within the broader understanding and discernment of the Church. If automatic writing leads to isolation or a sense of superiority, it may be a

sign that the practice is being misused or misinterpreted. Ultimately, distinguishing authentic guidance from personal projection is a lifelong practice that involves constant prayer, humility, and a reliance on the Holy Spirit's illumination, always anchored in the unwavering truth of God's Word.

The Role of Faith and Intuition in Jesus Calling Automatic Writing

Faith and intuition play indispensable roles in the practice of Jesus Calling automatic writing. Faith is the foundational element; it is the belief in the possibility and reality of divine communication. Without faith, the practitioner would likely dismiss any emerging thoughts as mere imagination or random ideation. This faith is not blind but is often cultivated through prior spiritual experiences, scriptural study, and a personal relationship with God. It is the confident expectation that Jesus is present and willing to communicate with those who seek Him.

Intuition, in this context, refers to a subtle inner knowing or a sense of guidance that arises beyond logical deduction or rational analysis. It is often described as a gentle nudge, a quiet whisper, or a strong inner conviction. In automatic writing, intuition acts as a conduit, helping the practitioner to recognize and record what they perceive as divine promptings. It allows for a flow of information that bypasses the analytical mind, which can sometimes be a barrier to spiritual receptivity. Developing this intuitive sense involves practicing mindfulness, prayer, and a deliberate effort to attune oneself to spiritual impressions.

The interplay between faith and intuition is crucial. Faith provides the framework and assurance that such communication is possible, while intuition helps in the reception and interpretation of the messages. It is through the exercise of faith that one trusts the intuitive impressions, and through developing intuition that one becomes more sensitive to the subtle leadings of the Spirit. This synergy allows for a dynamic and personal engagement with the divine, fostering a deeper spiritual connection and a more profound understanding of one's walk of faith.

Modern Interpretations and Practices

In contemporary times, Jesus Calling automatic writing is embraced by a diverse range of individuals seeking a more personal and direct spiritual connection. While the core concept of receiving messages from Jesus remains, modern interpretations often incorporate psychological insights and a broader understanding of consciousness. Some practitioners view the process as a way to access their own deepest spiritual truths, guided by the inner presence of

Christ, rather than solely as external dictation. This perspective emphasizes the synergistic relationship between the divine and the human spirit.

Technology has also influenced how Jesus Calling automatic writing is practiced. While pen and paper remain popular, many now use computers, tablets, or even voice-to-text software to capture their writings. Online communities and forums provide platforms for individuals to share their experiences, discuss interpretations, and offer support to one another. This digital aspect allows for a global reach, connecting like-minded individuals who might otherwise feel isolated in their spiritual pursuits. These modern approaches often highlight the importance of integration, ensuring that any perceived messages complement, rather than replace, traditional spiritual disciplines like prayer, scripture study, and church fellowship.

Many contemporary practitioners emphasize that this is a personal journey of faith and exploration. They advocate for a balanced approach that combines spiritual openness with critical discernment. The goal is not to achieve a perfect or flawless ability to channel divine messages, but rather to foster a deeper intimacy with Jesus, to grow in spiritual wisdom, and to live a life that reflects His teachings. Modern interpretations often stress that the true measure of such practices lies in the transformation of the individual's character and their outward expression of Christ-like love and service.

FAQ

Q: Is Jesus Calling automatic writing considered a legitimate form of prayer in Christianity?

A: The legitimacy of Jesus Calling automatic writing as a form of prayer can vary within Christian denominations and theological perspectives. While some Christians embrace it as a personal and intimate way to commune with Jesus, others may view it with caution or skepticism, preferring more traditional forms of prayer and divine communication as described in Scripture. The key often lies in the individual's discernment and whether the practice aligns with biblical teachings and leads to spiritual growth.

Q: Can anyone learn to do Jesus Calling automatic writing?

A: Many believe that anyone can engage in Jesus Calling automatic writing, provided they approach it with sincerity, faith, and a receptive heart. It is often described as a skill that can be developed through regular practice, patience, and a willingness to quiet the mind and listen to inner promptings. However, the depth and clarity of the perceived messages can vary significantly among individuals.

Q: How do I know if the messages I receive in automatic writing are truly from Jesus?

A: Discernment is crucial. Many practitioners evaluate messages by checking for consistency with Scripture, the presence of the fruits of the Spirit (love, joy, peace, etc.), and whether the messages encourage humility and godly living. If a message contradicts biblical truth, promotes pride, or leads to anxiety or unwholesome actions, it is likely not from a divine source. Seeking counsel from mature believers can also be beneficial.

Q: Are there any risks associated with practicing Jesus Calling automatic writing?

A: Potential risks include spiritual deception, misinterpreting one's own thoughts as divine messages, developing spiritual pride, or becoming overly reliant on the practice for all decision-making. It's important to maintain balance, integrate such experiences with scriptural study and community wisdom, and always practice discernment.

Q: Does Jesus Calling automatic writing replace the need for reading the Bible?

A: No, Jesus Calling automatic writing is generally understood not to replace reading the Bible. Scripture is considered the authoritative written Word of God. Automatic writing is often viewed as a supplementary practice that can enhance personal understanding and application of biblical principles, offering personalized guidance and encouragement within the framework of biblical truth.

Q: What is the difference between Jesus Calling automatic writing and channeling?

A: While both involve receiving messages through a less conscious state, Jesus Calling automatic writing specifically focuses on receiving communication believed to be from Jesus Christ within a Christian framework. "Channeling" is a broader term that can encompass receiving messages from various spiritual entities, guides, or energies and is not exclusively tied to Christian theology. The intention and theological context are key distinctions.

Q: How can I start practicing Jesus Calling automatic writing safely?

A: To begin safely, create a quiet and sacred space, pray for guidance and protection, and set a clear intention to hear from Jesus. Start with simple

practices, such as asking a question or opening yourself to receive whatever Jesus wishes to communicate. Begin with short writing sessions and focus on discernment after each session, comparing any messages received with Scripture and godly wisdom.

Q: Can automatic writing be used for creative purposes other than spiritual messages?

A: Yes, automatic writing is a technique that can be used for various purposes, including creative writing, poetry, art, and problem-solving. When applied to spiritual contexts like "Jesus Calling," the intent is specifically to receive divine communication, but the underlying mechanism of bypassing conscious control can be adapted for other expressive and insightful endeavors.

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